



Erasmus+



**Live the Other -
Experience Yourself!**

INFO PACK

Training Course

“Live the Other, Experience Yourself”

Rondine Cittadella della Pace, Arezzo, Italy

28th September – 4th October, 2014

Short Description & Project methodology:

“Live the Other, Experience Yourself” is a training course aimed at improving peacebuilding attitudes and skills through a self-development process.



Participants will be intellectually, emotionally, socially, politically, spiritually, and physically engaged in the training process. Self-reflection and interaction will be the dimension in which trainers will work to improve, empower and expand social leadership in peacebuilding.

Trainers will work according to the *Learning by doing* methodology, based on the concepts of developing and challenging individuals and groups through a creative stimulation that connects objective contents with personal experience and internalization. *Learning by doing* refers to the process of making meanings from direct experience. This method has recently been implemented by the concepts of *learning by thinking*, and *learning by loving*. *Learning by thinking* denotes the action of reflecting on the process going on, in order to get knowledge from it. Finally, *learning by loving* expresses the importance given to motivation and passion that enrich the learning experience.

During the training we will provide participants frames and tools, that they can use first of all for their personal development, and secondly to improve their social work and engagement. A particular focus will be set on communication and dynamic of conflict and peace making.

The seldom presence of members and former-members of Rondine in our activities gives to personal experience and witness a special importance. Through the words of those that are dedicating or have dedicated an entire part of their life to conflict resolution, participants will get extremely useful instruments of challenges and achievements in peacebuilding.

Conflicts will not be faced or approached directly neither politically. Participants will get some key and be offered new perspective with which to look and work on them, on their own, all lifelong.

WHEN: 28th September – 4th October 2014

WHERE: Rondine Cittadella della Pace, Arezzo, Italy

WHO'S IN: 24 youngsters from 6 different countries, affected, somehow, by historical, cultural, social and/or armed conflicts.

Venue:

Rondine Cittadella della Pace

This project will take place in a special location: Rondine Citadel of Peace, a permanent peacebuilding community where youths coming from different war-turned lands decide to live together with their “enemy” at least for 1 year, in order to build a human concrete peace that flees from the rhetoric and geopolitical cage, nevertheless takes place in empiric daily life.



Rondine is a tiny village in the Apennine mountain chain of Arezzo, in central Italy. Even if close to the city (20 km far), the Citadel of Peace is isolated and dived into nature, offering to its guests the impression of living in a surrealistic dimension. Here Caucasus, Balkans, Middle East, Far East and Central Africa coexist, exchanging and sharing their history, culture, and reality. For more info about Rondine Cittadella della Pace, please, visit the website: <http://www.rondine.org/en/>



Events, sessions, and leisure activities will mostly take place in Rondine, both in indoor and outdoor spaces and some of them will be carried out together with the youngsters living in Rondine.

Accommodation



The accommodation will be Toscana Verde Agriturismo, a very nice and comfortable resort, characterized by the wonderful and panoramic location, and a high quality – and same time informal- service (<http://www.toscanaverde.com/eng/farmHolidays.php>).

Every morning and night, a mini-bus will carry participants from hotel to Rondine, and the other way around.

Other info

Normally, in this part of Italy, at this time you can wear t-shirts during the day, but need something warmer in the night. In fact, temperatures switch between 10 and 25 °C. You would better to be equipped in case of rain.

Before packing, we recommend to check the **weather** forecast. You can do it at this link:

<http://www.ilmeteo.it/meteo/Arezzo?gclid=Cj0KEQjwmayfBRDo25CR9un4hvEBEiQAv9fBbTp1pXVRbcDoKYadlowM9LAbVxpyfvAUGcN4RIAvtwaAs1f8P8HAQ>.

Partners and Participants:

Selections:

Associations will select 4 participants according to following criteria:

- Age: between 20 and 30.
- Personal motivation.
- Background and interest in the project topic.
- Involvement and activism on local/international social scale.
- Gender: 2 Male & 2 Female per country.

- NOT participants coming for honeymoon or for holidays!!! 😊

Associations are requested to send the application forms of their participants **by the 10th of September** to livetheotherexperienceyourself@gmail.com.

Here you have the link of the **online participants list**, please fill it as soon as you book your tickets:
<https://docs.google.com/spreadsheets/d/1UkSAoWaAueieS-UXuFnVrPTakADc5ZLMaLTsdezfbio/edit#gid=0>

Partners:

Country	N. of Participants	Promoter organization	Contact person	E-mail
Italy	6	Rondine Cittadella della Pace	Elena Russo	eleru87@gmail.com
Georgia	6	International Center for Peace and Integration (ICPI)	Nato Kenkadze	natali_ken@yahoo.com
Spain	4	La Vibria	Mihaela Buculescu Carles Cunill	buculescu_mihaela@yahoo.com carlescun@gmail.com
Germany	4	German Youth of Russia registered Association	Samira Mammadova	samira.m@juwelt.org
Armenia	4	Armenian Progressive Youth	Grigor Yeritsyan	grigoryeritsyan@apy.am
Azerbaijan	4	Youth Translators Public Union	Agharahim Poladov	poladov.a@gmail.com

Project costs & Reimbursement:

100% of **accommodation, food and transportation during the project** will be covered with the support of ERASMUS+.

It is necessary for participants to **have travel and health insurance (not covered by project)**.

Please, be informed that your **travel expenses** will be covered just in case if you will provide us original valid travel documents:

- ✓ All the travel tickets (bus, train, plane)
- ✓ Plane boarding passes (if you use plane)
- ✓ Invoices - for all the tickets. Please make sure to bring the invoice (fattura) for your plane tickets, where is indicated: invoice number, your name, travel details and price. (If you buy the ticket and did not get invoice from company, please write them to send you it and bring it on project. Without invoice we won't be able to reimburse the travel costs).

According to the new rules of Erasmus+, the maximum amount that we can reimburse for each representative of the country, is indicated below in the table.

Travel cost will be reimbursed via bank transfer after the project ends. For this reason we ask you to provide the following information about bank account of organization/ or 1 representative of each country group:

- The name of The Bank
- Name and surname of account holder
- Account number
- SWIFT
- IBAN
- The city where account holder is registered officially.

Number of participants & Travel cost limits per country:

Country	Promoter org.	Participants	Travel cost limit (per person, in EUR)
Italy	Rondine Cittadella della Pace	6	180
Georgia	International Center for Peace and Integration (ICPI)	6	530
Spain	La Vibria	4	275
Germany	German Youth of Russia registered Association	4	275
Armenia	Armenian Progressive Youth	4	530
Azerbaijan	Youth Translators Public Union	4	530
Lebanon	Jessika Hallak	1	530

Visa for non-EU countries:

In order to get invitation letter from the host organization, please send us the following information about the group members:

- Name and Surname:
- Passport number:
- Passport expiring date:
- Date of Birth:
- Place of Birth:
- Address:

How to arrange the trip:

Participants are supposed to be at Rondine Citadel of Peace by the 28th of September, by 15:00.

Most of participants will arrive to Italy through airports of Rome and Florence. Reach Arezzo from there is very easy and cheap by regional trains, you can check the timetable here:

<http://www.trenitalia.com/cms/v/index.jsp?vgnextoid=4ddd1a035296f310VgnVCM1000005817f90aRCRD&formtype=2>).

Once arrived in Arezzo train station, turning on the left, there is the bus station. From there it is possible to get the bus to Castiglion Fibocchi. The bus is blue and on its side you should read the name of companies "Fabbri" or "Lazzi", destination is "Castiglion Fibocchi".

Before the TC we will send participants more details about how to reach the destination, including the timetable of transports.

It is possible to move by Taxi, which costs around 20 EUR. Please, take into consideration taxi cost cannot be reimbursed, because of ERASMUS+ rules.

The exact address of the Hall of Residence of Rondine Cittadella della Pace is: **Studentato Rondine Cittadella della Pace, Località Rondine 1, 52100, Arezzo.**

The exact address of the Hotel is: **Hotel residence Toscana Verde - Via Penna, 2 - 52020 - Laterina (AR).**

PLEASE, BRING WITH YOU:

- Torches (batteries for the night)
- Table & sport games to play together
- Musical instruments
- Peace songs and videos
- Traditional music, costumes, food, etc. for cultural evening
- Typical games from your country
- Typical hot drink - tea/coffee and some traditional cookies for your country
- 3 photos representing yourself
- Digital photo camera
- I-pod/ phone with your favorite music and headphones (compulsory)
- New notebook
- 1 old t-shirt



- Good mood and smile!



During the TC will be organized **cultural evenings** where all the countries will present their culture (dances, songs, typical food). The cultural presentation you will have to prepare together with other participants from your country. We ask you to make it interactive (involving the public): you can make a quiz, organize competitions, play typical games, teach a dance or a song, etc. Cannot be used kitchen for preparing the food, but it's possible to heat it. Please DO NOT bring alcoholic drinks with you. **ALCOHOL IS NOT ALLOWED ON TRAINING!**

SPECIAL NEEDS AND INFO:

We would like special needs, medical issues, and alternative diet styles to be communicated to us by the 20th of September.

For any doubt or additional detail needed, please contact us at livetheotherexperienceyourself@gmail.com. If you prefer to talk to us directly, please find our phone numbers below.

Georgian number, to be called before the project:

Elena Russo (+995) 579 118853

Natalie Kenkadze (+995) 598 179996

Italian number, to be called during the project:

Elena Russo (+39) 3402657269

Natalie Kenkadze (+39) 3274579746

Thank you very much for your attention!

Hope to hear from you soon!

